

The good news for Township students and their parents is that going back to school also means that the Teaneck Recreation Department is once again offering a full schedule of fun and structured quality programming for residents ages 18 months to 54 years.

For our youngest residents 18 months to 4 years of age, the department offers Creative Movement, KinderKraft, Kindergym, Toddlekins, Junior Bowling and Creative Dance. These classes provide a wonderful opportunity to learn basic socialization skills. Individual classes are designed to focus on the development of specific skills such as balance and coordination, the enhancement of fine motor skills and creativity, and as an introduction to the wonderful worlds of dance and art.

Residents 5 to 17 years of age can turn off the television and join their friends and neighbors in participating in a variety of programs including Arts and Crafts, Ballet, Creative Dance, Fencing, Fun Fitness, Hip-Hop, Ice Skating, Junior Bowling, Junior Golf, Karate, Pottery, Tap and Tennis classes. The department also offers an gym basketball program on days the Teaneck Public Schools have half day sessions.

Adult class offerings for the Fall include Belly Dance, Golf, Pilates, Pottery, Salsa Aerobics with Donay, Tennis, Vinyasa Yoga and Yoga for Relaxation. Additionally, we offer Coed Open Gym Basketball and Open Gym Volleyball programs.

Our complete brochure, as well as individual program flyers, will be available beginning Monday, August 16 at the information table located in the hallway of the Richard Rodda Community Center; 250 Colonial Court at the south end of Votee Park from 8:00 a.m. to 9:00 p.m. Monday to Friday and 9:00 a.m. to 4:00 p.m. Saturday and Sunday.

We welcome the opportunity to discuss our programs with you and invite you to visit our office Monday to Friday from 8:30 a.m. to 4:30 p.m. I

For more information, or if special accommodations are needed, please call the Recreation Department at (201) 837-7130 ext. 1. or e-mail us at recreation@teanecknj.gov.